



Caraday Healthcare

Termination Benefits Resource Guide

Provider Name	Benefits Offered	Plan Number	Website	Phone Number
United Healthcare	Medical, Dental, Vision	920731	www.myuhc.com	(866) 414-2959
Assured Benefit Administrators	Medical		www.abadmin.com	(800) 247-7114
The Standard	Life, STD, LTD, Accident, Crit. Illness		www.standard.com	(888) 937-4783
ADP Retirement Services	401k	425066	www.mykplan.com	(800) 595-1989
EBS - COBRA Admin.	COBRA continuation of benefit coverage		www.ebsincorporated.com	(800) 299-3539

UPON TERMINATION - If you had benefit coverage while employed, you will be mailed a COBRA packet which will give you the option to continue your benefit coverage. Please keep in mind that COBRA coverage is more expensive than the coverage you had while employed with Caraday Healthcare. As a COBRA participant, you will pay both the employee and employer portion of the premium along with a 2% admin. fee.

ADP ACCESS – You will continue to have access to ADP even after you terminate from the Company. It is important to remember your Userid so that you can access the system. While your access will be limited, you will have the ability to make address updates as well as access your W-2's.

QUESTIONS – If you have additional questions about your benefits, please feel free to contact EBS for questions about COBRA continuation coverage. For additional benefit questions, please feel free to contact the Caraday Healthcare Benefits Manager.

Company	Contact	Email	Phone
EBS COBRA Admin.		www.ebsincorporated.com	(800) 299-3539
Caraday Healthcare Benefits Manager	Ginger Provencher	www.gprovencher@caradayhealth.com	(512) 461-7974