

# IT'S A NEW DAY WITH CARADAY.



Under new ownership and leadership, Texas-based Caraday skilled nursing centers are advancing integrated and coordinated care that delivers superior outcomes, experience, and value. Patients can expect highly skilled and compassionate care along the entire long-term and post-acute care continuum.

# CARADAY CARES - IN SO MANY WAYS.

Whether it's short-term rehabilitation after a hospitalization or the health journey is long-term requiring skilled nursing care, the focus is on restoring health so patients can live their best lives.

Each patient works with a team of healthcare experts and professionals, including the medical director and other physicians, to develop a personalized plan of treatment to get back to the highest level of function. Together with their families and other advocates for their care, patients outline their goals and desires in individualized care plans.

The journey starts with physical care, but emotional and spiritual needs are also important considerations for a holistic quality of life. Patients are guided and encouraged every step of the way.

Person-centered care is the hallmark of a Caraday community so patients can focus solely on recovering in a warm, homelike setting.

# COMPASSIONATE, PROFESSIONAL CARE

Rooted in Texas, Caraday communities provide a full range of rehabilitation and skilled care services. Select communities also offer dedicated memory care programs, ensuring residents receive the specialized support they need. Caraday is one of the only long-term post-acute care systems led by a Chief Medical Officer who is a nationally recognized geriatrician.



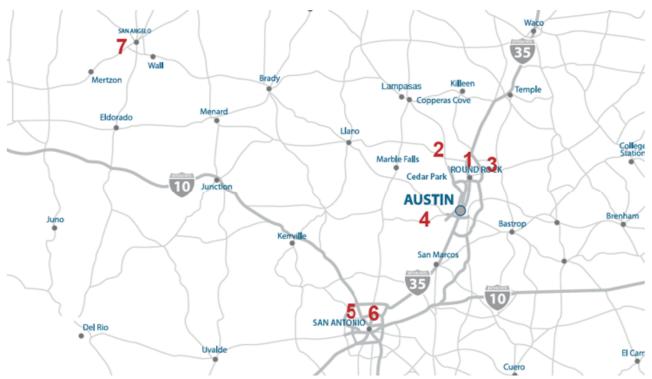
### **SKILLED CARE SERVICES**

- Individualized treatment programs for physical, occupational, speech, and wellness therapy
- Nutrition options including specialized diets, assisted dining and Percutaneous Endoscopic Gastronomy (PEG)
- ✓ Joint replacement therapy
- ✓ Spine and back therapy
- ✓ IV therapy
- ✓ Highly skilled wound care management
- ✓ Dysphagia management
- ✓ Respite care
- ✓ Hospice/palliative care
- Complex disease management for diabetes, stroke recovery, CHF, COPD, and others
- ✓ Private rooms available
- ✓ Beauty shop on-site

## **MEMORY CARE SERVICES**

- ✓ Secure, coed memory unit
- ✓ Cognitive-based activity program
- ✓ Dementia/Alzheimer's trained staff
- Assistance with all aspects of daily living
- ✓ 24-hour skilled nursing services

# A CARADAY COMMUNITY NEAR YOU



#### **Austin Area**

#### 1 Hearthstone Nursing and Rehabilitation

401 Oakwood Blvd Round Rock, TX 78681 p: 512-388-7494 f: 201-740-0962

#### 2 Sagebrook Nursing and Rehabilitation

901 Discovery Blvd Cedar Park, TX 78613 p: 512-259-9993 f: 214-295-1776

#### 3 Trinity Care Center

1000 E Main St Round Rock, TX 78664 p: 512-634-3000 f: 201-740-0979

#### 4 Stonebridge Health Rehab

11127 Circle Dr Austin, TX 78736 p: 512-288-8844 f: 201-740-0975

#### San Antonio Area

#### 5 Windcrest Nursing and Rehabilitation

8800 Fourwinds Dr San Antonio, TX 78239 p: 210-637-2700 f: 201-917-2574

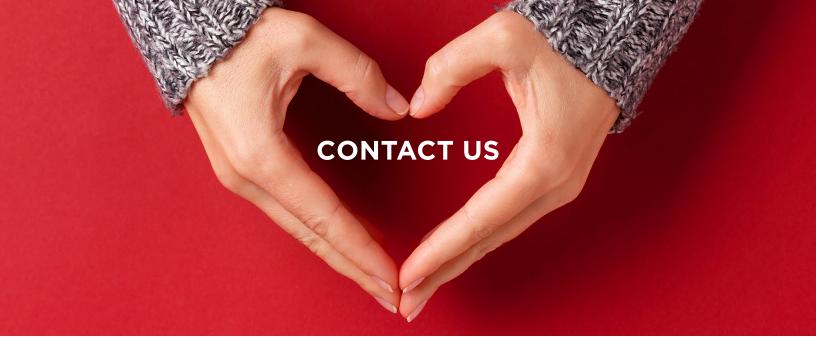
#### 6 Wurzbach Nursing and Rehabilitation

8300 Wurzbach Rd San Antonio, TX 78229 p: 210-617-2200 f: 201-917-2575

#### San Angelo Area

#### 7 Regency House

3745 Summer Crest Dr San Angelo, TX 76901 p: 325-942-7700 f: 201-740-0970





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Caraday accepts private insurance, Medicare, Medicaid and pending Medicaid.

