

# Trevor Martin, BS, LNFA

## Administrator, Western Hills Nursing and Rehabilitation



Deeply rooted in Temple, Western Hills Nursing & Rehabilitation is a pillar of the community, providing a continuum of skilled care including short-term rehabilitation, post-surgery recovery, and long-term care.

The homelike environment at Western Hills nurtures a sense of calm and ease so that the focus is solely on recovery and quality of life. Our return-to-home program evaluates all aspects of a resident's life to help develop a plan to ensure success when they return to home after therapy.

Trevor joined Caraday as Administrator of Western Hills in May 2024. Prior to his current role, Trevor gained valuable experience in long-term care sales and operations with industry vendors.

A 2016 graduate of Texas Tech University with a Bachelor of Business Administration, Trevor felt called to pursue a healthcare-related field. He earned his healthcare license in 2022, and he enjoys the daily challenges that running a 24-hour operation brings. Trevor also loves working with residents and fostering a supportive environment.

"There's nothing quite like seeing joy on our residents' faces," Trevor said. "Our incredible staff works tirelessly to create a vibrant community that enhances quality of life."

Outside of work, Trevor cherishes quality time with his family, including his two young children, and actively participates in his local church community. He remains a devoted Texas Tech Red Raider fan and enjoys recreational volleyball.

**We're here for you. Call us at (254) 742-7500  
or visit [caradayhealth.com/westernhills](https://caradayhealth.com/westernhills)**