

What to Consider When Selecting a Skilled Nursing Community



Selecting the right skilled nursing community is an important decision with many considerations. Let's break it down to some practical ways to evaluate a community whether it's short-term needs after a hospitalization or longer-term care.

What's important to you? Consider what you are looking for and what is important. Is it the nursing care, meals, therapy, or activities? Maybe you want to be close to family and friends so they can visit.

Talk to friends and family. In addition to social workers or case managers you may be working with, talk to family, friends, and neighbors for suggestions on communities they have had experiences. Another good resource is your local church. Look to see if there are testimonials on their website.

Get on the phone. Call different communities and ask questions. How many people live at the community, do they have activities, and other questions that are important to you.

Make a visit. Once you've selected a couple communities, make an appointment with the admissions director or administrator to visit the community. While there, look to see if residents are happy, is the interaction between team members and residents positive, how have they managed COVID-19, and does it simply feel good to be there.

Ask questions. Don't be afraid to ask questions. If something bothers you, ask questions because there probably is a good explanation and you will want to see how the community resolves any concerns.

Get ready. Making the transition to a Caraday community is easy with the assistance offered by team members. Ask for a list of items you should bring with you, what to expect, special policies, etc. Don't hesitate to ask for anything.

For more information or to speak to someone directly, please call **512-641-8805** or email us at **contact@CaradayHealth.com**



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