

# Verna Regier, LNFA

## Administrator, Stonebridge Health Rehab



Located in the serene setting in Austin's Hill Country, Stonebridge Health Rehab blends a homelike environment with an exemplary spectrum of skilled nursing and Memory Care services. Our highly experienced rehabilitation team has earned the trust of the community by delivering therapeutic rehabilitation and restorative services. Residents appreciate being able to recover in their own private rooms.



Verna Regier is the Administrator at Stonebridge Health Rehab in Austin. She is responsible for leading the team at Stonebridge to cultivate a positive experience for short-term rehabilitation and long-term care residents and their families.

Verna found her path to long-term care from the world of public policy, seeking purpose in serving elders. She completed a graduate program in Health Care Administration at Texas State University and earned her nursing facility administrator license in 2015.

She has worked in long-term care since 2014 in a variety of positions, assuming her current position at Stonebridge in 2017.

Verna is guided by the belief that caring for our elders with respect and dignity during those last years of life is meaningful and a privilege.

In her spare time, Verna enjoys reading, cooking, traveling, and spending time with her family.

### Education and Credentials

- Texas State University  
Master's Degree, Health/Health Care Administration/Management
- Kansas State University  
Bachelor's of Art, Political Science/Economics

**For more information about Caraday Stonebridge, call 512-288-8844 or visit [caradayhealth.com/stonebridge](http://caradayhealth.com/stonebridge)**