

Tanya Gamble, BSN

Director of Nursing, Regency House



Providing individualized short-term rehabilitation and long-term skilled nursing home care in south Angelo, Regency House is a gracious community that promotes warmth and a sense of family. With its convenient location near medical centers and hospitals, Regency House is in the hub of a healthcare community in San Angelo.

Tanya brings 20 years of nursing experience to Caraday, with a career grounded in hands-on patient care. She began her nursing career at San Angelo Community Medical Center in Labor and Delivery and continued with Shannon Women's & Children's Hospital, where her experience focused on postpartum and neonatal care, perinatal loss, and gynecological postoperative care.

Tanya earned her Licensed Vocational Nurse credential from Howard College. She later earned an Associate of Applied Science in Nursing and a Bachelor of Science in Nursing from Angelo State University. She holds ACLS and BLS certifications and has served on Shared Governance, Leadership and Professional Development, and Ethics committees. She is also a member of the National Association of Directors of Nursing Administration in Long Term Care, Texas Nurses Association, and AWHONN.

For Tanya, senior care is about the relationships built with residents and their families. She values the trust residents place in their care teams and the opportunity to make a meaningful difference in their lives each day. Their stories, wisdom, and experiences have also shaped her own perspective, reinforcing the importance of resilience, patience, and cherishing every moment.

Outside of work, Tanya enjoys spending time with her two grandsons, especially boating, swimming, kayaking, and riding the golf cart. She also stays busy with her two French Bulldogs, Maggie and Murphy.



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