

# For those times when you need a little help – Caraday is here for you.

Whether you are caring for a loved one in your home or theirs, there are times when you just need a welcomed break. Or you may be looking for professional care while you take a vacation or a week-end getaway.

**A Caraday community near you has availability for respite stays.**

The same quality, skilled, and compassionate care that is delivered to residents every day is offered to our respite guests. **Best of all, you have the security and assurance knowing that your loved one is being cared by a specially trained caregiver while you take care of yourself.**

**To make a referral, please contact us.**

**512.641.8805**

**[contact@caradayhealth.com](mailto:contact@caradayhealth.com)**

**[caradayhealth.com](http://caradayhealth.com)**



**Caraday** Healthcare