

Rebecca Duncan, LFNA

Administrator | Regional Director of Operations, Stonebridge Health Rehab



Stonebridge Health Rehab blends a homelike environment with an exemplary spectrum of skilled nursing services. Our highly experienced rehabilitation team has earned the trust of the community by delivering therapeutic rehabilitation and restorative services. Residents appreciate being able to recover in their own private rooms.

Rebecca Duncan, LFNA, serves as administrator and regional director of operations for Caraday Healthcare, bringing more than 28 years of experience in long-term care. She began her career in 1998 while attending Baylor University and became an Administrator in 2005, building a strong foundation in operations, team leadership, and quality care.

Rebecca joined Caraday in 2020 as administrator of Stonebridge, was promoted to regional director of operations in 2021, and in 2025 returned to lead Stonebridge while continuing to support multiple communities.

She is known for her hands-on leadership style, focus on operational excellence, and commitment to improving resident outcomes. A Certified Train-the-Trainer in dementia care through the Alzheimer's Association, Rebecca is also actively engaged in industry advocacy and professional leadership.

Inspired by being raised by her grandparents, she brings a deep respect for older adults to her work. Outside of work, she enjoys reading, traveling, spending time outdoors, and playing golf.

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