

Pamela Powell, BS, LFNA

Administrator, Caraday of Mount Vernon



Serving residents of the historic village, Caraday of Mount Vernon creates a sense of home with furnished private and semi-private suites. Comprehensive care and support services are delivered by professional caregivers and therapy teams, offering the ideal community for those who have recently been hospitalized or undergone surgery.

Caraday of Mount Vernon offers a full range of therapy services, including physical, occupational, and speech. Plans created by the entire care team help residents reach their highest level of function, enjoying a quality life.



After starting a career in high school education, Pamela realized her true passion was long-term care. She has worked in long-term care almost 30 years, with 26 years as an administrator. She began at Caraday of Mount Vernon in early 2022.

The favorite part of her job is interacting with residents and family. She says it's rewarding "knowing that each day we have the potential to have a positive impact on someone's day."

She is inspired by the saying, 'Start each day with a grateful heart.' She added, "each day no matter the challenges, there is always something to be grateful or thankful for. It is up to us to find that and acknowledge or celebrate the good."

**We're here for you. Call Mount Vernon at 903-537-4424
or visit caradayhealth.com/caraday-of-mount-vernon**