

Kelsey Nelson, RN

Director of Nursing, Windcrest Nursing and Rehabilitation



Rooted in a mission of caring for the San Antonio community, Windcrest Nursing & Rehabilitation is just minutes away from three major hospitals. Windcrest provides an exemplary spectrum of short-term rehabilitation, long-term care, and memory care with advanced clinical capabilities to support the most complex care.

Kelsey Nelson has been part of the Caraday Healthcare family for five years and recently stepped into the role of Director of Nursing. Kelsey brings both clinical expertise and a deep commitment to compassionate care. With 16 years of experience serving skilled nursing and long-term care residents, she has dedicated six years specifically to memory care. Kelsey also has five years of nurse management experience.

Kelsey's favorite part of her role is collaborating with her team to ensure residents receive exceptional, individualized care every day. She is known for her calm leadership style, strong clinical instincts, and sincere dedication to the residents and families she serves. One of her guiding beliefs comes from a favorite quote by Winston Churchill: "Attitude is a little thing that makes a big difference." It's a philosophy she brings into every shift.

Outside of work, Kelsey enjoys unwinding with comedy movies. A fun fact that surprises many: she plays the piano. Above all, Kelsey is motivated by a genuine passion to help others and is committed to upholding the highest standards of care for every resident.



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