# IT'S A NEW DAY WITH CARADAY



#### Providing Advanced and Compassionate Care to our Neighbors in Dallas-Fort Worth Texas

For individuals on the path to recovery and living their best lives, Caraday Healthcare is a Texas-based premier provider of skilled care along the continuum, from short-term needs to highly specialized extended care.



Residents thrive in the holistic environment with an array of amenities and engaging programs.

### CULINARY

Three home-cooked meals are made by the inhouse culinary team, reflecting Texan cuisine and nutritious options for better health. Customized options based on dietary needs or personal preferences are always available.

## ACTIVITIES

At any given time, Caraday residents can be found engaged in individual or group activities such as Karaoke (or as it's known at Caraday, Care-aoke), art projects, exercise, or helping prepare for a special evening program. Activity coordinators at each community are always coming up with new ideas for daily events.

### PERSONAL CARE

Feeling good also means taking care of personal needs. Guest services range from housekeeping and laundry to personal care such as bathing, grooming, and dressing assistance.



# **CARADAY CARES!**

A tradition of excellence distinguishes Caraday of Houston. For residents recovering from a hospitalization or those requiring more specialized long-term care, the mission remains the same – providing the best care and environment so residents look forward to each day.

The full spectrum of personalized care is delivered by a team of healthcare professionals – short-term rehabilitation, long-term care, palliative, hospice, and respite care. Specialized medical care is elevated as Caraday is one of the only long-term, post-acute care systems led by a Chief Medical Officer who is a nationally recognized geriatrician.

Most major insurance plans are accepted by Caraday, including Medicare, Medicaid, and pending Medicaid. Assistance is available at each community to ease the transition and help navigate financing care.





#### SHORT-TERM REHABILITATION

Patients can recover to the fullest extent possible after a hospitalization with the highest level of skilled care directed by a team of experienced and trained specialists. With a dedicated in-house team, physical, occupational, and speech therapy is individualized to each person's recovery plan.

Caraday's skilled nursing and rehabilitation services deliver results. From the moment individuals enter a community, a care plan is developed and closely followed to meet personal goals and ensure an optimal outcome, not a return to the hospital. Personalized plans are developed in close collaboration between physicians, the Caraday care team, residents, and their families.

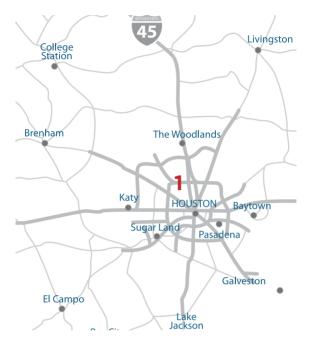
### LONG-TERM CARE

A sense of community is a hallmark of Caraday. Home-like communities meet resident needs with compassion, dignity, and respect. Every resident becomes part of the Caraday family, with activities and events that nurture body, mind, and spirit.

Residents have the security of continuous care – 24-hours, 7-days-a-week – and families are assured open and accessible communication.



#### FIND A HOUSTON LOCATION NEAR YOU.





1 Caraday of Houston 6534 Stuebner Airline Rd. Houston, TX 77091 p: 832-767-3347 f: 832-239-5200



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