# IT'S A NEW DAY WITH CARADAY



# Providing Advanced and Compassionate Care to our Neighbors in Temple

For individuals on the path to recovery and living their best lives, Caraday Healthcare is a Texas-based premier provider of skilled care along the continuum, from short-term needs to highly specialized extended care.





### **CULINARY**

Three home-cooked meals are made by the inhouse culinary team, reflecting Texan cuisine and nutritious options for better health. Customized options based on dietary needs or personal preferences are always available.

## **ACTIVITIES**

At any given time, Caraday residents can be found engaged in individual or group activities such as Karaoke (or as it's known at Caraday, Care-aoke), art projects, exercise, or helping prepare for a special evening program. Activity coordinators at each community are always coming up with new ideas for daily events.

## **PERSONAL CARE**

Feeling good also means taking care of personal needs. Guest services range from housekeeping and laundry to personal care such as bathing, grooming, and dressing assistance.



# **CARADAY CARES!**

The journey to recovery at Caraday is rooted in a tradition of excellence. Whether your needs are rehabilitation after hospitalization or a higher level of long-term care, the goal is living your best life. A team of healthcare professionals provide the full spectrum of personalized care – short-term rehabilitation, long-term care, palliative, hospice, and respite care.

With four locations serving Temple, each community has its unique menu of specializations, but they all stay true to the mission that defines Caraday – providing the best care and environment so residents look forward to each day. Specialized medical care is elevated as Caraday is one of the only long-term, post-acute care systems led by a Chief Medical Officer who is a nationally recognized geriatrician.

Caraday Healthcare serves the medical community anchored by Baylor Scott & White Temple and Seton Medical Center Harker Heights. Most major insurance plans are accepted by Caraday, including Medicare, Medicaid, and pending Medicaid. Assistance is available at each community to ease the transition and help navigate financing care.





# SHORT-TERM REHABILITATION

For short-term rehab after a hospital stay, our team of highly experienced and trained skilled care specialists deliver the highest level of skilled care. With a dedicated in-house team, physical, occupational, and speech therapy is individualized to each person's recovery plan, ensuring recovery to the fullest extent possible.

Caraday's skilled nursing and rehabilitation services deliver results. From the moment individuals enter a community, a care plan is developed and closely followed to meet personal goals and ensure an optimal outcome, not a return to the hospital. Personalized plans are developed in close collaboration between physicians, the Caraday care team, residents, and their families.

### LONG-TERM CARE

When the health journey is longer requiring a higher level of care, Caraday is welcoming and comfortable. Caraday's home-like communities meet resident needs with compassion, dignity, and respect.

A sense of community is a hallmark of Caraday. Every resident becomes part of the Caraday family, with activities and events that nurture body, mind, and spirit.

Residents have the security of continuous care – 24-hours, 7-days-a-week – and families are assured open and accessible communication.

#### MEMORY CARE

Alzheimer's and other forms of memory impairment can be challenging and a great unknown for residents as well as family members. Caraday caregivers are trained in memory care and work individually with each resident, catering to their emotional, social, and physical needs

The secure homelike setting fosters and maintains independence with amenities such as outdoor courtyards, therapeutic activities, and recreational programs. The secure homelike setting fosters and maintains independence with amenities such as outdoor courtyards, therapeutic activities, and recreational programs.



# FIND A TEMPLE-AREA LOCATION NEAR YOU.





1 TLC East Nursing and Rehabilitation 1511 Marlandwood Rd Temple, TX 76502 p: 254-899-6500 f: 201-740-0977



2 TLC West Nursing and Rehabilitation 1700 Marlandwood Rd Temple, TX 76502 p: 254-743-6200 f: 201-740-0978



3 Western Hills Nursing and Rehabilitation 512 Draper Drive Temple, TX 76504 p: 254-742-7500 f: 201-845-9599



4 Weston Inn Nursing and Rehabilitation 2505 S 37th St Temple, TX 76504 p: 254-298-7300 f: 201-917-2571



Caraday accepts most major insurance plans, Medicare, Medicaid, and pending Medicaid.