

# IT'S A NEW DAY WITH CARADAY



## **Providing Advanced and Compassionate Care to our Neighbors in San Antonio**

For individuals on the path to recovery and living their best lives, Caraday Healthcare is a Texas-based premier provider of skilled care along the continuum, from short-term needs to highly specialized extended care.





*Residents thrive in the holistic environment with an array of amenities and engaging programs.*

## CULINARY

Three home-cooked meals are made by the inhouse culinary team, reflecting Texan cuisine and nutritious options for better health. Customized options based on dietary needs or personal preferences are always available.

## ACTIVITIES

At any given time, Caraday residents can be found engaged in individual or group activities such as Karaoke (or as it's known at Caraday, Care-aoke), art projects, exercise, or helping prepare for a special evening program. Activity coordinators at each community are always coming up with new ideas for daily events.

## PERSONAL CARE

Feeling good also means taking care of personal needs. Guest services range from housekeeping and laundry to personal care such as bathing, grooming, and dressing assistance.



# CARADAY CARES!

Whether recovering after hospitalization or living at a Caraday community, the mission is the same – to provide the best care and environment so residents look forward to each day. A team of healthcare professionals share an unwavering commitment to deliver a high level of personalized care – short-term rehabilitation, long-term care, palliative, hospice, and respite care.

With two locations serving the residents of San Antonio, each community has its unique menu of specializations, but stays true to the Caraday tradition of excellence. Specialized medical care is elevated as Caraday is one of the only long-term, post-acute care systems led by a Chief Medical Officer who is a nationally recognized geriatrician.

Caraday Healthcare serves the medical community anchored by Methodist Hospital Northeast and Northeast Baptist Hospital. Most major insurance plans are accepted by Caraday, including Medicare, Medicaid, and pending Medicaid. Assistance is available at each community to ease the transition and help navigate financing care.





## SHORT-TERM REHABILITATION

Following a hospital stay, our team of highly experienced and trained skilled care specialists deliver the highest level of skilled care, ensuring that patients recover to the fullest extent possible. With a dedicated in-house team, physical, occupational, and speech therapy is individualized to each person's recovery plan.

Caraday's skilled nursing and rehabilitation services deliver results. From the moment individuals enter a community, a care plan is developed and closely followed to meet personal goals and ensure an optimal outcome, not a return to the hospital. Personalized plans are developed in close collaboration between physicians, the Caraday care team, residents, and their families.

## LONG-TERM CARE

A sense of community is a hallmark of Caraday. Home-like communities meet resident needs with compassion, dignity, and respect. Every resident becomes part of the Caraday family, with activities and events that nurture body, mind, and spirit.

Residents have the security of continuous care – 24-hours, 7-days-a-week – and families are assured open and accessible communication.

## MEMORY CARE

The special challenges of Alzheimer's and other forms of memory impairment are relieved with Caraday caregivers who are trained in memory care. Working individually with each resident and their families, Caraday caters to emotional, social, and physical needs.

The secure homelike setting fosters and maintains independence with amenities such as outdoor courtyards, therapeutic activities, and recreational programs.



# FIND A **SAN ANTONIO-** **AREA LOCATION NEAR YOU.**



## **1 Wurzbach Nursing and Rehabilitation**

8300 Wurzbach Rd  
San Antonio, TX 78229  
**p:** 210-617-2200  
**f:** 201-917-2575



## **2 Windcrest Nursing and Rehabilitation**

8800 Fourwinds Dr  
San Antonio, TX 78239  
**p:** 210-637-2700  
**f:** 201-917-2574



*Caraday accepts most major insurance plans,  
Medicare, Medicaid, and pending Medicaid.*