

IT'S A NEW DAY WITH CARADAY



Providing Advanced and Compassionate Care to our Neighbors in Austin

For individuals on the path to recovery and living their best lives, Caraday Healthcare is a Texas-based premier provider of skilled care along the continuum, from short-term needs to highly specialized extended care.





Residents thrive in the holistic environment with an array of amenities and engaging programs.

CULINARY

Three home-cooked meals are made by the inhouse culinary team, reflecting Texan cuisine and nutritious options for better health. Customized options based on dietary needs or personal preferences are always available.

ACTIVITIES

At any given time, Caraday residents can be found engaged in individual or group activities such as Karaoke (or as it's known at Caraday, Care-aoke), art projects, exercise, or helping prepare for a special evening program. Activity coordinators at each community are always coming up with new ideas for daily events.

PERSONAL CARE

Feeling good also means taking care of personal needs. Guest services range from housekeeping and laundry to personal care such as bathing, grooming, and dressing assistance.



CARADAY CARES!

Anyone recovering or living at a Caraday community can expect a tradition of excellence, whether their needs are rehabilitation after hospitalization or the health journey is longer requiring a higher level of care. A team of healthcare professionals provide the full spectrum of personalized care – short-term rehabilitation, long-term care, palliative, hospice, and respite care.

With five locations throughout Austin, each community has its unique menu of specializations, but they all stay true to the mission that defines Caraday – providing the best care and environment so residents look forward to each day. Specialized medical care is elevated as Caraday is one of the only long-term, post-acute care systems led by a Chief Medical Officer who is a nationally recognized geriatrician.

Caraday Healthcare serves the medical community anchored by Baylor Scott & White Health, St. David's HealthCare, and Seton Healthcare Family of Hospitals. Most major insurance plans are accepted by Caraday, including Medicare, Medicaid, and pending Medicaid. Assistance is available at each community to ease the transition and help navigate financing care.





SHORT-TERM REHABILITATION

Our team of highly experienced and trained skilled care specialists deliver the highest level of skilled care, ensuring that patients recover to the fullest extent possible after a hospital stay. With a dedicated in-house team, physical, occupational, and speech therapy is individualized to each person's recovery plan.

Caraday's skilled nursing and rehabilitation services deliver results. From the moment individuals enter a community, a care plan is developed and closely followed to meet personal goals and ensure an optimal outcome, not a return to the hospital. Personalized plans are developed in close collaboration between physicians, the Caraday care team, residents, and their families.

LONG-TERM CARE

Welcoming and comfortable, Caraday's home-like communities meet resident needs with compassion, dignity, and respect. Residents have the security of continuous care – 24-hours, 7-days-a-week – and families are assured open and accessible communication.

A sense of community is a hallmark of Caraday. Every resident becomes part of the Caraday family, with activities and events that nurture body, mind, and spirit.

MEMORY CARE

Alzheimer's and other forms of memory impairment can be challenging and a great unknown for residents as well as family members. Caraday caregivers are trained in memory care and work individually with each resident, catering to their emotional, social, and physical needs.

The secure homelike setting fosters and maintains independence with amenities such as outdoor courtyards, therapeutic activities, and recreational programs.



FIND AN **AUSTIN-AREA** **LOCATION** NEAR YOU.



- 1 Park Bend Health Center**
2122 Park Bend Drive
Austin, TX 78758
512-836-9777



- 2 Stonebridge Health Rehab**
11127 Circle Drive
Austin, TX 78736
512-288-8844



- 3 Sagebrook Nursing and Rehabilitation**
901 Discovery Blvd.
Cedar Park, TX 78613
512-259-9993



- 4 Hearthstone Nursing and Rehabilitation**
401 Oakwood Blvd.
Round Rock, TX 78681
512-388-7494



- 5 Trinity Care Center**
1000 E. Main Street
Round Rock, TX 78664
512-634-3000
***Named one of America's
Best Nursing Homes***



- 6 Caraday of Lampasas**
1000 Avenue J
Lampasas, TX 76550-1211
512-556-6267



*Caraday accepts most major insurance plans,
Medicare, Medicaid, and pending Medicaid.*