

## Ernest De La Garza, BS, LNFA Administrator, Caraday of Corpus Christi



*Ernest De La Garza received a commendation on behalf of Caraday of Corpus Christi from Mayor Paulette Guajardo.*

A person-focused tradition of excellence is the hallmark of Caraday of Corpus Christi. Recovery focuses on all aspects of the individual, including physical, emotional, and spiritual health. Caraday of Corpus Christi offers a full range of therapy services, including physical, occupational, speech, and wellness.

A seasoned team of experienced caregivers create individualized care plans, whether it's for a short-term rehab stay, post-surgery recovery, or care that's more long-term.

Ernest became an administrator in 2009, but he has really been working with older adults since birth, because both his grandmothers raised him. He credits his childhood as the reason he developed his dedication and passion for working with older adults. His grandmothers may be gone, but their impact on his life lives on.

With an LNFA and a Bachelors of Healthcare Administration from Texas State University, he has the education and life experience to lead Caraday's Corpus Christi community. He believes the community is a place to prosper and continue life with enjoyment.

Outside of work, he loves to have family time, attend comedy shows, and make life fun. He is also an avid surfer, and he has been surfing since age 15.

**We're here for you. Call us at (361) 252-0734  
or visit [caradayhealth.com/caraday-of-corpus-christi](http://caradayhealth.com/caraday-of-corpus-christi)**