

Elizabeth Cantu, MA, BA, LNFA

Administrator, Windcrest Nursing and Rehabilitation



Rooted in a mission of caring for the San Antonio community, Windcrest Nursing & Rehabilitation is just minutes away from three major hospitals. Windcrest provides an exemplary spectrum of short-term rehabilitation, long-term care, and memory care with advanced clinical capabilities to support the most complex care.

Elizabeth has been an administrator for five years, but she began in long-term care as a certified nursing assistant (CNA) in 2009. She has a Master's in Dementia and Aging Studies, Bachelor's in Healthcare Administration, and an LNFA.

Outside of work, she loves spending time with family (especially grilling some barbeque!) watching tv, and playing games. One thing that always surprises people is that Elizabeth speaks fluent Spanish.

Her favorite part of her job is being able to help others daily, and she credits her children for inspiring her to be the best she can be.

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