Chris Alcala, BS, LNFA Administrator, Sagebrook Nursing and Rehabilitation





Sagebrook Nursing and Rehabilitation is a premier provider of short-term rehabilitation and long-term care with on-site physical, occupational and speech therapy, as well as complex disease management and specialized care. Located in the greater Austin market in Cedar Park, Sagebrook is part of Caraday Healthcare, a leader in skilled nursing, delivering integrated and coordinated care along the long-term and post-acute care continuum across Texas.

Chris Alcala is the Administrator at Sagebrook Nursing and Rehabilitation in Cedar Park. He is responsible for leading the Sagebrook team to cultivate a positive experience for short-term rehabilitation and long-term care residents and their families.

With a strong foundation in healthcare management, Chris brings a wealth of knowledge and a passion for providing exceptional care to our residents. His commitment to excellence is evident in every aspect of his role, ensuring that Sagebrook operates smoothly and maintains the highest standards of care.

Beyond his professional accomplishments, Chris is happily married and a loving parent to three young boys. Family values are at the core of his identity, influencing his approach to leadership within the community. He understands the importance of creating a home-like environment for our residents, where they feel cared for and know they are part of a larger, supportive community.

Education:

Texas A&M University
Bachelor of Science, Technology Management

We're here for you. Call us at (512) 259-9993 or visit caradayhealth.com/sagebrook