

Cheers to 2023 and What's to Come



The Caraday Way

As we ring in the New Year and look forward to the promises of the upcoming year, here are some activities and things to look forward to in 2023. Residents at a Caraday community enjoy innovative activities and programming — it's the Caraday Way.

"I enjoy making my patients life more meaningful, and just making them smile and having a good day."

Kimla Coleman
Windcrest Nursing & Rehabilitation
San Antonio, TX

New Movies

Here's a list of the most anticipated movies coming this year. We aren't sure which ones to be most excited about!

- Star Wars: Rogue Squadron
- Magic Mike's Last Dance
- The Little Mermaid
- Indiana Jones and the Dial of Destiny
- Dune: Part Two
- The Color Purple
- Mission: Impossible - Dead Reckoning - Part One

Chinese New Year

Chinese New Year occurs on January 22. It is the Year of the Rabbit. In the Chinese culture, the rabbit is known to be the luckiest out of all the twelve animals. It symbolizes mercy, elegance, and beauty.

Broadway shows

Broadway is not the only place to see a great performance. Among the shows touring in 2023 are several old favorites: Dreamgirls, Ain't Misbehavin', Singing in the Rain, Murder on the Orient Express, Little Women, The Wizard of Oz, Hamlet, and Guys and Dolls.

Oscars

The 95th Academy Awards will take place March 12. Nominees will be announced January 24. Variety Magazine predicts contenders for Best Film to include "Top Gun: Maverick," "The Fabelmans," "The Banshees of Inisherin," "Elvis," and "Avatar: The Way of Water."

In outer space

In April, Voyager 2 is predicted to overtake Pioneer 10 as the second farthest spacecraft from Earth.

Across the pond

The much-anticipated coronation of Charles III and Camilla as King and Queen of the United Kingdom and the Commonwealth Realms takes place on May 6 in London's Westminster Abbey.

Tennis anyone?

The US Open will open August 28 in New York, NY and run through September 10.

The beginning of a new year is a great time to start fresh and look forward to the future.



For more information call 512-641-8805, email us at contact@caradayhealth.com or visit caradayhealth.com