

# Chandra Garrett, LNFA

## Administrator, Caraday of Houston



Caraday of Houston specializes in caring for high acuity short-term patients and providing compassionate long-term care with on-site physical, occupational, and speech therapy. The skilled nursing community is part of Caraday Healthcare, a leader in skilled nursing, delivering integrated and coordinated care along the long-term and post-acute care continuum across Texas.



Chandra Garrett is the Administrator at Caraday of Houston, responsible for management and operations of the skilled nursing facility.

In addition to being a native Houstonian who is deeply rooted in the community, Chandra joins a family legacy in long-term care. Chandra's mother was a nursing facility administrator and she essentially grew up in the industry.

Before becoming a licensed administrator in 1991, Chandra worked as a business office manager. This background uniquely positions her to manage the clinical and compassionate care at Caraday of Houston, as well as business operations.

Chandra is rooted in a strong faith in God, and as such approaches her work with a strong work ethic and integrity. In all she does, she stays firm in these values.

She has been married to her husband, "Doc," for 14 years. They are godparents to a "very spoiled" god daughter named Kailyn. Chandra loves to travel, with Jamaica being her favorite destination.

### Education and Credentials

- University of Houston  
Business & Commerce
- Licensed Nursing Facility Administrator  
Texas Health and Human Services

**For more information about Caraday of Houston, call  
(832) 767-3347 or visit [caradayhealth.com/caraday-of-houston](http://caradayhealth.com/caraday-of-houston)**