

Bonnie Moses, RN

Director of Nursing, Sagebrook Nursing and Rehabilitation



One of the area's first skilled nursing centers, Sagebrook continues to set a high standard for care and is known for its strong return-to-home rates. Its experienced team creates individualized care plans for rehab, post-surgery recovery, or long-term support, all with one goal: helping residents regain function and return to daily living as quickly as possible.

Bonnie Moses began her nursing journey more than two decades ago, building a career grounded in compassion, service, and a deep commitment to older adults. Over the years, she has cared for residents across skilled nursing, long-term care, and memory care settings, ultimately stepping into leadership roles that allow her to support both residents and staff through every stage of care.

Bonnie brings 20 years of healthcare experience to Caraday and is devoted to long-term care, including five years of leadership as a director of nursing. She graduated from Galen Nursing School in San Antonio in 2022 and holds her RN license, along with certifications in Alzheimer's and dementia care.

Known for her calm leadership and strong resident advocacy, Bonnie is driven by a simple belief: every moment matters. She brings that mindset to her team each day, helping ensure residents receive the compassionate, dignified care they deserve.

Outside of work, Bonnie enjoys spending time with her family, quilting, hiking, singing, and staying active in her church community. One fun fact: she loves gardening and finds it both grounding and energizing.

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or visit [caradayhealth.com/sagebrook](https://www.caradayhealth.com/sagebrook)**