

Amy Asogwa, BSN, RN

Director of Nursing, Stonebridge Health Rehab



Stonebridge Health Rehab blends a homelike environment with an exemplary spectrum of skilled nursing services. Our highly experienced rehabilitation team has earned the trust of the community by delivering therapeutic rehabilitation and restorative services. Residents appreciate being able to recover in their own private rooms.

Amy Asogwa, BSN, RN, serves as Director of Nursing at Caraday, bringing a diverse clinical background and a deep commitment to resident-centered care. She began her nursing career as a Licensed Vocational Nurse in long-term care before earning her Bachelor of Science in Nursing and advancing into nursing leadership. Her experience includes critical care, serving as a FEMA travel nurse in intensive care units across the country, and mentoring future nurses as a preceptor.

Amy is passionate about building collaborative, high-performing teams where every voice is valued. She believes open communication, accountability, and continuous learning are the foundation for exceptional resident care and strong clinical outcomes. Throughout her career, she has led initiatives that improved quality measures, strengthened regulatory compliance, and enhanced resident outcomes.

What inspires Amy most is seeing residents thrive and knowing her team's dedication positively impacts their quality of life. Outside of work, she enjoys reading, researching, traveling, and spending time with her dog.

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or visit caradayhealth.com/stonebridge**