



COVID-19 Update Statement – Western Hills Nursing & Rehabilitation

09.14.20

Caraday Healthcare is a leader in skilled nursing, delivering integrated and coordinated care along the long-term and post-acute care continuum.

Given the significant extent of the Coronavirus (also known as COVID-19) and the particular risk it poses to the elderly and compromised residents of Caraday's 13 centers in Texas, our leadership team has announced proactive plans to take every precautionary measure to ensure the safety of our residents and staff. We also will expand our role as a credible and reliable source of information for our patients, residents, families, employees, local health agencies, and the broader communities in which we operate because they are already reaching out to us with sometimes conflicting information.

On Friday, the residents and team members of Western Hills were tested for COVID-19. The results have been received and fifteen residents and three team members have received positive test results. One resident has been transferred to the hospital and the others are being treated in the COVID unit at Western Hills. The effected team members are isolating at home.

Proactive management of the situation is ongoing. We are following our pre-established protocols that include implementing immediate and precautionary steps to ensure we stop the spread of the infection within our community. Caraday is proactively working with public health agencies and medical providers and we are monitoring the situation very closely.

Following guidelines issued by the U.S. Centers for Disease Control and Prevention (CDC), the World Health Organization (WHO), and the Centers for Medicare & Medicaid Services (CMS), as well as our own Infection Prevention and Control Program, we have implemented the following measures:

- We were and are very proactive in not permitting medically unnecessary visitors and restricting access to our communities since early March.
- In lieu of in-person visits, we are helping facilitate virtual communications and social connectedness between our residents and their families and friends.
- We continually conduct extensive and ongoing employee education on ensuring resident and personal protection, including extreme hand hygiene guidelines.
- We require the use of personal protective equipment.
- We perform extreme and continuous housekeeping using highly effective cleaning products for common viral infections.

We will also continue to actively communicate the steps Caraday is taking to protect all of our communities, as well as disseminate ongoing news and updates regarding COVID-19 and guidelines people can use to better protect themselves as a matter of course. For more information, visit caradayhealth.com/covid-19.

About Caraday Healthcare

Caraday Healthcare is a Texas-based skilled nursing corporation operating 13 communities that provide a full range of rehabilitation and skilled care services, memory care, and advanced pulmonary and ventilator care. Caraday is one of the only long-term post-acute care networks led by a broad-based interdisciplinary healthcare leadership team including a nationally-recognized geriatrician, public health and population health management professionals.

With unmatched expertise in data-driven, patient-centered, population health and geriatric medicine, Caraday's mission is to deliver superior outcomes, experience and value – all focused on restoring health so patients can live their best lives.