

The Little Known 30-day Medicare Window



Recovery doesn't always follow a straight line.

If your condition changes after discharge, you may still have options. Caraday can help you understand eligibility and next steps—quickly and clearly.

Leaving the hospital or a skilled nursing community can feel like a big step forward—but recovery doesn't always go as planned.

What many people don't realize is that Medicare may allow a return to skilled care within a limited timeframe if your condition changes.

This is often referred to as the 30-day window.

What Is the 30-Day Window?

If your condition declines after discharge, Medicare may allow you to resume skilled nursing coverage within 30 days—without starting the process from scratch.

This applies when:

- Your condition worsens or new complications arise
- Skilled care is again medically necessary
- A physician certifies the need for care

When You May Be Eligible

You may qualify if:

- You were discharged from a hospital after a qualifying inpatient stay and your condition declines within 30 days
- You were discharged from a skilled nursing community and experience a setback
- You were recently cut from Medicare coverage but have a significant change in condition

In all cases, medical evaluation is required to determine eligibility.



For more information call **512-641-8805**, email us at contact@caradayhealth.com or visit caradayhealth.com

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Important Things to Know

Today, it's especially important to understand:

- Hospital stays must be inpatient (not observation status) to qualify
- Medicare Advantage plans may have different rules or require authorization
- Timing matters—delays can affect eligibility

Why This Matters

The 30-day window can make a meaningful difference in recovery—giving patients access to skilled care when they need it most.

But it's often overlooked.

If something doesn't feel right after discharge, don't wait. Ask questions. Get evaluated.

And if you need guidance, Caraday can help you navigate the process quickly and confidently.



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