

Cheers to 2026 and what's to come!



Our vision, in everything we do, is to convey a shared value of compassion, a commitment to excellence, open communications, motivation to be the best, and a sense of personal integrity.

We are honored to care for our residents and share a passion to make their days enriching and fulfilling. It's **The Caraday Way!**

A new year brings with it all sorts of things to look forward to, which can be inspiring and energizing. Here are a few suggestions of things to keep on your radar. And you'll no doubt find more as the year begins. Cheers to 2026!

New Movies and Television Shows

Pop the popcorn and clear your schedule if you're a fan of the big (or small) screen. 2026 is expected to bring several exciting releases.

Anticipated movies include new installments from popular franchises, inspiring dramas, and family-friendly favorites.

Television highlights are expected to include returning fan-favorite series, new limited series, and classic shows reimagined for today's audiences.

Chinese New Year

The Chinese zodiac gives each year an animal sign.

Chinese New Year 2026 begins on February 17, 2026, marking the Year of the Horse, which is associated with energy, optimism, and moving forward with confidence.

The year runs from February 17, 2026 to February 5, 2027.

Solar Eclipse

August 12, 2026

A total solar eclipse will be visible in parts of North America. Even in areas outside the path of totality, a partial eclipse will be visible, offering a fascinating celestial experience.

Sports

Consider becoming a fan of a new sport, or plan a watching party for your favorite teams.

February 8: Super Bowl LX

February 15: NBA All-Star Game

May 2: Kentucky Derby

May 24: Indianapolis 500

July 14: MLB All-Star Game

August 31: US Open begins

2026 brings an opportunity for fresh starts, meaningful moments, and new beginnings. With a positive mindset, the New Year can bring purpose, growth, and joy.



For more information visit
www.caradayhealth.com