

"There's nothing quite like seeing the joy on our residents' faces. Their laughter and excitement are the heart of what we do here. Our incredible staff works tirelessly to create a vibrant community that enhances quality of life."

- Trevor Martin Western Hills Administrator



Our vision, in everything we do, is to convey a shared value of compassion, a commitment to excellence, open communications, motivation to be the best, and a sense of personal integrity. We are honored to care for our residents and share a passion to make their days enriching and fulfilling. It's The Caraday Way!

The Caraday Way in Action: Western Hills Brings Joy to Every Day

At Caraday, we're passionate about creating a vibrant and enriching community for our residents. The Western Hills community is a shining example of that commitment, which we call The Caraday Way. From laughter-filled game days to inspiring time in the sunshine, we're always dreaming up new ways to spark joy and connection. Here are some of Western Hills' recent activities:

Game Night

Engaging and fun for all skill levels, Game Night is a huge success with board games, Connect Four[®], and Yahtzee[®]. Mr. Roy (pictured) was the big winner at July's event: he rolled an astounding 497 points and three 'Yahtzees' in one game! The shaking dice are loud, but the gleeful shouts are louder.



'Sword' Fights

The competition and laughter roar as residents use their gentle 'swords' to combat the onslaught of balloons. If laughter is the best medicine, residents get more than a spoonful while enjoying each other's company.



Baking days deliver tasty treats, but they also offer a sense of accomplishment and pride. These culinary adventures promote social interaction, mental stimulation, and physical activity. Most importantly, they enrich the daily lives of our residents, fostering a sense of community, teamwork, and purpose.





For more information call 512-641-8805, email us at contact@caradayhealth.com or visit caradayhealth.com