

The Value of Volunteering



Our **vision**, in everything we do, is to convey a shared value of compassion, a commitment to excellence, open communications, motivation to be the best, and a sense of personal integrity.

We are honored to care for our residents and share a passion to make their days enriching and fulfilling. It's **The Caraday Way!**

The more we give, the happier we feel.

People volunteer for a variety of reasons – to meet new people, contribute expertise, or simply give back to their community. Whatever the reason, we can agree that volunteers are important and highly valued for the work that they do.

Volunteering relies on your skills, abilities and time availability. Some volunteers work in a kitchen each week, while others might knit blankets for the homeless when time allows.

A great way to involve grandchildren is to have sporting demonstrations or musical performances for residents of a nursing home.

The number of volunteers in the United States is estimated to be 63 million strong and the current estimated national value of each volunteer hour is \$27.20.

This estimate is by no means thorough enough to describe the work that volunteers do, but it does help to acknowledge the millions of volunteers who dedicate their time, energy, and talents to make a difference. This number serves as an important reminder that volunteering may be priceless, but it is not free.

In the nonprofit sector, volunteers are the backbone of an organization and are crucial in helping it run smoothly and effectively. Volunteers help keep the doors open and enable nonprofits to deliver vital services to a larger number of people.

Volunteering is at the heart of community building. It fosters relationships and brings a smile to millions of people's faces every single day.

Looking to volunteer? Contact your favorite non-profit or religious organization, or you can search on-line for 'volunteer opportunities near me'. Look into how you can support your neighbors by volunteering today.



For more information call 512-641-8805, email us at contact@caradayhealth.com or visit caradayhealth.com